

## A Bridge to Humanity

You can always tell the insignificant  
by the measure of their sense of  
significance

Don't get in the middle of an  
asshole sandwich

You're punching way beyond  
your weight

Everything could be considered  
food if you can eat it

You really want as much smart,  
capable people as humanly possible  
stack in the most important offices  
at the most important agencies  
for just like the moment we are  
going through now

Small business's are drying up  
and dying on the vine

Don't be a dope .Find a way to cope.  
Adjust to the new normal

He says he takes no responsibility  
yet he wants absolute authority

It's what you would expect  
a child king to say

The Mike Watson Effect – Overwhelm  
and flood the media platforms  
(internet sites) with tons of media  
through several different outlets  
or sites as many as fifty including  
music,film,writings,art and  
performance.

Making the best of your life

Flugnoids are known to  
recycle body fluids

To be a human it helps  
if you also become a person

He lives in a different  
reality from the rest of us

The tragedy of it effects our reality

You can't take what he says  
seriously because he doesn't  
take it seriously

It's very hard to see how his  
character has not become  
part of our national destiny in  
a way that is helping

The Republicans are going  
to lose a generation

A common good as opposed  
to an individual high through a  
day of wanting to be praised,  
wanting to be thanked because  
you are working hard

George W. Bush said "Nobody  
wants to hear the President  
of the United States say Oh Whoa  
is me" You just do the job

Panic Porn

Marry Up not down or at least even.

Window into your soul

Fighting to survive the next ten minutes

A failure of imagination

Crazy Lenny the sales guy

There is a cultural movement happening

8 minutes and 46 seconds -  
A public viewing of an execution

The Plunge ahead by our coward  
in chief is not gonna work

I'm gonna just say a few words  
and leave it at that

You can't move forward if you're  
always looking in the back at yourself

Rinkie Dink was the father Corkeyed  
was the mother and Won Frend  
was the son

Policing even when it does everything  
right is a tool of violence and social control  
and should always be understood as a  
deeply problematic institution and every  
time we turn over a problem to them  
we're inviting that violence into our lives.  
I think we all would like to live in a world  
where public safety isn't achieved by  
people with guns and putting them in  
cages.

Reading is a good way to take this  
time to enrich yourself

Whatever subject you enjoy, regularly  
reading is something that can play an  
important role in peoples lives right now

Engagement is the currency of  
the attention economy

Algorithm are optimized for engagement

He uses his proximity to power  
to corruptly enrich himself

Twitter Stock has doubled since Trump  
arrived from \$16.00 to \$32.00 a share

Masculinity isn't the ability to take a stand and immediately start talking over others. Its the opportunity to be self-aware,to be mindful. We should be a little more silent It take ten times the man to take time,to think and admit when their wrong or don't know what your talking about

White People are showing the level of passion for black people that they normally reserve for animals

Don't put yourself in a no win box

It's not what you see  
its what view you take

Food is either medicine or poison

It only takes 4 to 6 weeks to change your metabolic profile

It's about older white guys with power and authority that they know they don't deserve

Character - Temperament - Disposition

Frank Sinatra,Elvis Presley and Linda Ronstadt never wrote any songs but choose the right songs to cover

Success can be as scary as failure

You feed the machine and  
the monster wants more

Understand the power of the movement  
We grow by learning from our mistakes

Lyndon Johnson had a hero in FDR  
FDR's hero was Teddy Roosevelt  
Teddy's was Lincoln  
Lincoln's was Washington

The movement will connect with power

On the cheap also called a cheap  
down is when someone devalues the  
worth of another and shows it by paying  
less for whatever service they got or was  
provided. To them its just smart business.

Some people can only live on a pedestal  
while others live on the pavement

He spent years behind in  
time and over budget

As long as I have air in my lungs  
and blood in my veins I'm gonna  
keep doing what I enjoy

Quality of life is important to all of us  
and ignorance is not an evil thing.  
Ignorance only means that people  
haven't been exposed to the facts.  
That's what dialogue is all about. It's  
not about throwing rocks or casting doubt.

I'll be for you or against you  
whichever will help you the most

Its about a sharing of reality

Some people only have a  
passion for one thing

Does Character trump Policy ?

Good judgment and an  
ability to take over

With the energy of a 17 year old  
the focus of a 30 year old and  
the wisdom of a 100 year old

Situation Awareness

If you drag your feet I'll probably

see your tracks

He was like a sparrow who had  
an opportunity to fly with and learn  
from eagles only to be group  
together later in life with and  
end up with mosquitoes.

You need to have a set of priorities  
and build an organization. You have  
to handle yourself in a pinch and have  
a temperament that can handle the  
shocks that happen. Keep everybody  
tuned into what you are doing.  
Have a quality of restraint .

You opened the can of worms  
so here are the worms

Character is self control and  
empathy. Both require constraint

The silent community is about everyday  
any time practical meditation or taking  
a moment in life to take a breath

Someone said she had had more  
fingers in her than a bowling ball

Pricing is a informational devive

Do you know how many people in Japan  
under the age of 30 died from Covid 19?  
One and he was a sumo wrestler

Rise up and see the greatness  
of someone else

Everything on the planet Earth is  
made up of just 92 elements

When most lost hope we kept moving forward  
When fools got more foolish we got more aware  
of a way to make it better and we did  
The fools never got it before it was too late  
so we carried the load our self

## The Monsters Opera

My life would be like a play if life was a musical

To me there is a difference between someone who plays an instrument and someone who is a musician. Usually a person who plays an instrument only play songs that someone else has recorded or played. Maybe they have created some music of their own but usually not. Like many artists musicians are similar in that they are only interested in copy. That is someone who plays an instrument. Some who I would call a musician creates from his own life experiences and trust his ability

The Hick Ups - Life is a party

If I had one wish it would be that the world would see and be improved by my creativity

You never really know someone until  
you hear the whole story

Our beliefs don't make us better people  
our actions make us better people

She said : I don't wear a mask for the same reason. I don't wear underwear because things need to breath

The Quiet Cult is about listening to the world and the sounds of life and the silence between sound. They observe moments of silence three times a day Singing or at least whistling or humming three to five times a day. Treat any animal or even an insect that you see treat as a friend

Its about being in relationship with everybody and everything living

Always a novice at heart at any  
level or stage of development

Sometimes its not easy becoming  
a product of humanity

You have to have the cake before  
you put on the frosting

I grew up and became what I needed to be

The Golden Buzz -The high where you're  
feeling altered but able to function properly

You need information before you  
make a judgment

Wherever there is an ending  
there is a beginning  
Hero of the weirdos

All things in nature have an arc.  
Something is conceived.  
Its born. It grows its nurtured,  
it flowers. It produces fruit  
it starts to age,it withers,  
it decays it dies

They be looking to get some of that glow

The Ass Backwards Club

The Half Ass Brothers

Rinkie Dink incorporated

Learning to survive in the shadows

The way of the dead is to know  
nothing of the living

We study and learn to become  
better versions of ourselves

Don't wait for things to happen  
make things happen



Sometimes life is like putting a  
jigsaw together upside down

I needed to become a person  
as well as becoming creative

Our choices put us on the road

I want to make my own decisions  
Go my own way

In the cold night of day

His talent came from his soul

An egg can't be unscrambled

The situation was submerging  
me as a human being

Its when opportunity meets experience

Sometimes you can't be so disengaged  
in life that you miss any opportunity to  
advance

Its like nailing jello to a wall

Lenny and the Leftovers

Your coming to celebrate what you know

Powerless over a well controlled argument

Don't talk about it Be about it

Lead with strange put your best foot forward

Introduce through the character the  
peculiarities of their life and the obstacles  
that stand in the way of their happiness

Fill the void

If you ain't feeding me,fucking me

or financing me I'm not gonna listen

If you don't get ahead of your own  
narrative it will run right over you

Its from the greatest simplicity  
that we find understanding

Its unique ,vital and essential

Its in the non essential parts of our lives

Is there an art to listening ?

Christmas on a cracker

He was a good person and didn't  
add to the troubles of the world  
Start where you are.  
Use what you have.  
Do what you can

In the end as we get older we just  
somehow become more of what  
we've always been

Monkey People aren't people who  
are stupid. Most Monkey People  
can't get motivated unless there is  
a personal gain or reward. They only  
recognize life experiences as either  
a curse or a blessing never as a  
challenge or as an adventure or  
something that they could learn from  
and maybe transcend their limited  
thinking and behavior. Unlikely unless  
they have the opportunity to be around  
people who see life as an adventure  
and an interesting if not an exciting  
experience and some characteristics  
could rub off on themselves and stick  
and learn something. Monkey people  
have limited or no interest in learning  
new things unless there is little or no  
effort needed or required. Sometimes  
you have to be a little bit curious before

you can be drawn in and be interested.

Some people spend their whole life  
looking for something and never finding it.  
Other people seem to discover and  
recognize that single moment that changes  
another persons life existence and outlook  
of their life. Open your eyes and let the  
future in

They had two choices  
slim and none. And slim  
just walked out the door

Do what you do that  
fills your heart

If its something worth saying  
It deserves eye contact

Life is a highway  
Lets drive it all night

He was someone who wasn't  
living for power or popularity

You create characters  
you put them situations  
You create relationships  
and then see what happens

A story about someone  
who begins a new life

Soul Banding

Playing counterpoint

To see and encourage potential

Moving Forward in Life

Having a borderline attachment to reality  
Implausibility, Difficulty in interpersonal  
relationships. Mood instability ,unstable  
relationships,not coping well with stress

Not dealing well with intimate relationships.  
Its a way that we cope. Its the way that we  
deal with life.

Emotional Regulation – Maintaining and  
controlling your own Emotional Instability  
It helps in a way you approach the world

What to watch out for. Seeing people either  
as all good or all bad. Having impulsive and  
emotional instability.

Fear of being abandoned

Having a disturbance in identity

Please don't compliment me or express  
that I'm significant or more significant than  
anyone else. Otherwise I'd be compelled  
or at least obligated to tell you the worst  
things about myself maybe even to the  
point of you being repelled by behavior  
you might consider unbecoming or at  
odds with how I turned out . I would do  
this to counteract the statement said to  
let you know that I am as insignificant  
as anyone else and as human.

Its better to bend the script to the  
performers personality rather than  
force a performance beyond  
their limitations

I'm interested in human nature and issues  
that confront the ordinary people

Sidney Hipple puts together an event  
where local residents of Lowell ,with  
unknown or unrecognized talents or  
abilities that are unique in many creative  
genres and abilities. Each participant is  
different and has developed in their own  
way and style that adds a different  
flavor to the creative stew.

I don't want to dilute our effectiveness  
and stay results oriented

Getting with people who are  
getting things done

A society that is living on a pile of pillows

Half of America don't have  
more than \$400.00 in the bank

Butt Stuff - Shit you don't want any more  
that someone else might want to buy .  
Like an online yard sale that includes  
original items from art,films,music and  
even literature. A lot of it is underground.  
Some people think its just other peoples  
junk

Know when to get off stage

Heart with a callus

Its a reality distortion field  
he has cast over people

If you don't like the way  
they make sausage then  
just close your eyes and eat

Are you gonna just sit on  
the porch or are you gonna  
run with the big dogs?

What was the cause of the bed behavior?  
Bad parenting,Bad genes,  
Bad environment  
bad brain chemistry

Mill City Memories - A life in Lowell

He's like the rooster that thinks  
he made the sun come up

Everything in life is free but its  
for the birds and the bees

May you get what you want

May you want what you get

Marketable Commodities

Situations have a way of  
turning themselves around

Cold Karma

Being a product of our time  
is no longer an excuse

All great jokes have an  
element of truth to them  
Who was it that said  
Men take on a particular  
quality by engaging in  
a particular behavior

You need to have some interaction  
ability with the people you are  
helping or associated with

People who aren't happy  
are the people who really  
don't know why they are  
on the face of the Earth

There are three ways to persuade  
people orally or by writing well  
or by leading by example

Getting to some end  
and proving their point

It looks like a gold ring  
in a pigs nose

The luck of fools

Tougher than a two dollar steak

Maybe its magical thinking

Learning who you are isn't like flicking  
a light switch, its a process,its a journey.

You don't just wake up one day and the world and your outlook in life and about people is suddenly altered and changed. I don't think it happens that way. If it does I've never seen it. Maybe its best to consider any intellectual advancement or deeper understanding that happens as an adventure . Don't expect anything and you'll never be disappointed

Wally Nelson - Local Willy Nelson clone

I can live in any environment I'm thrown into

Its like natures way of dealing with global warming. Its like the Earth is trying to heal itself

You can't change the Monkey People. Its best to just let them swing around on their vines and imagine they are flying.

Music has many different sounds and one of them is silence

Happy talk instead of preparation

If you had to look at and take the hand of all the dying,you would most likely be affected and changed

Change comes when we find one another

We need to create the conditions for recreating our lives. It requires organization.

He never took into account culture or social interaction or social economic differences

When we laugh our bodies release Dopamine Its that happy chemical that makes us feel light and easy when we sip on some spirits. Laughter helps make life suck a little less.

Laughter is the sound of comprehension  
and that comprehension helps us  
get through tough times

Being an artist or musician and not keeping with the times is like finally taking your fingers out of your ass but not bothering or considering or even thinking of the importance of wiping off the shit

In life I've may have learned a lot from things I maybe shouldn't have done

Humor is the universal solvent against the abrasive elements of life

Hatred corrodes the container its carried in

The Lowell house Of improv has been operating pretty much undiscovered,unnoticed and under the radar in Lowell since 1999

Emotional intelligence is being able to understanding the point of view of someone else

You are a human being that makes mistakes .You can discover those mistakes and learn from them. You can't grow if you make mistakes and can't understand them

Get your groove back

The Reality of Life

I've always been more curious than cautious

Its important to select capable people to represent what you are doing with humility

People who are well trained in what they do and well educated to take in stride the things they can't anticipate and solve things that are unpredictable. People who are humble enough to know they don't know it all.

I think hands on activities are really good for our bodies and our brains and our mental and emotional health to have something artistic or creative and something we do with our



hands and not be disconnected from the physical world

Its like spooning out a bathtub  
Success is the ability to move from failure  
to failure without losing enthusiasm

A candle that burns twice  
as bright lives half as long

Wasn't it Harry Truman who said "Not every reader  
will become a leader but every leader has to be a reader

People work of fear of consequences  
than they do out of good conscience

Did you confuse reacting for feeling ?

Did you mistake compulsion for freedom ?

Keeping art and culture as true as possible

Bringing people together because  
of similarities not differences

If you understand your limitations and work with  
them there really isn't anything you can't accomplish.  
But if your limitations requires you to depend on  
someone else How far can you go ?

You can play with the monkey  
but don't pull the chain too hard

Wouldn't you rather have me in  
the tent looking out than have me  
outside the tent looking in ?

Pump the breaks ! Pump the breaks !

You either shine or you melt

You can do a series of non routine tasks that  
requires social intelligence, complex critical  
thinking and creative problem solving

What do you know about your specialty ?  
We may have differences of

approach,degree or timing

There is something to be said  
for experience, knowledge,  
judgment and surrounding  
yourself with people who know

Your judgment should be guided by  
evidence,data,fact and true knowledge

Bring values,strategic thinking,optimism  
and competence in what you believe in

Create a reality and live in it  
Be the person the world needs

Know your power,count everything  
you've done in life so far. Be yourself

Sincerity and authenticity is  
everything and be ready  
What a time to be alive

We have to learn about love  
before we learn about hate

Its about protecting the stranger,  
the prisoner,and the poor person  
and that idea of welcome

Discipline - Focus - Detail

All meaning accrues in duration and  
the work that we are proudest of,  
relationships we care the most about have  
benefited from our sustained attention

Nobody in the history of humanity has  
ever been persuaded by insults and hatred  
You can't hate somebody into agreement

Humanize another person on purpose

Humor is the last defense of the human soul

Faith -Its the purposeful

suspension to critical thinking

Edging - the practice of erotic sexual denial

Nothing normal looks good

Who here has friends in low places

People are tired of the non stop craziness of the Raw Dog Donnie Show that seems to consume our waking hours. Please! Enough! Let it stop.

I gotta go with Joey B. I also grew up stuttering so I know what its like to start out life perceived as an oddball and outcast and overcoming it in my 20's

I'm here on Earth to have a good time

Toxic optimism

How to solved the immigration problem  
Let everyone in and let them populate  
Wyoming and North and South Dakota

In 2018 the American people lost 118 billion dollars of their personal wealth to government sanctioned gambling

Anchor Tenant

What good is money if you don't share it with other people

The top 1 % incomes since 1978  
correcting for inflation are up 157%  
The bottom 90% are up 22%

Tax Wealth - Tax More types of incomes -  
Limited deductions of rich people

People between the ages of 18 and 30 don't have sex as much as people use to due to financial restraints, career aspirations and a willingness to put down the phone. And more

adults are living at home.

Humans are already using 1.7 times what the planet can support in resources. The world population is increasing by a million people every 4 and a half days. In 1900 there were less than 2 billion people on Earth. Now its approaching 8 billion.

You give a mouse a cookie he's gonna want a glass of milk

People are trying to buy away their sadness

That's a job for incremental lifestyle changes sustain over time

I'm trying to temper my expectations

A day is a long time to feel happy

Sorry. I thought you were an eye float

What's the shared experience ?

Your feelings have been made manifest with interaction

He wears a dirty diaper well

He's insightful and socially conscious

Its better to understand others than it is to be understood

There is something interesting in everyone. An moment an idea could catch fire or an authentic moment might take off and change the way people see you. A awkward event could change the discussion

Today with social media you can go from being obscure to

famous in 48 to 72 hours

Its not about where you came from,  
its about where you are going

Traditions are reexamined  
periodically through out human  
history

A great CEO surrounds himself with  
the best people he can get and gives  
credit away leads by example,is direct  
and honest,has empathy and has a  
single strategic focus.

No man can change the nature of another

Putting harmful packaging out in  
the waste stream

Every minute of every day humanity buys  
1 million plastic bottles. The amount of plastic  
produced in a year is roughly the same as the  
entire weight of humanity. And it doesn't go  
away. Its in everything from salt to seafood.

It never hurts to be curious. Sometimes it leads  
to being interested. If you get interested you  
may have an opportunity to get involved.  
If you get involved and possibly become  
committed there is a chance that you may learn  
something or even experience something new.  
Most people tend to live in a vacuum like a little  
bubble in that vacuum they are restricted and  
safe from the outside world. By being uninvolved  
in pretty much most of what is going on outside  
of their vacuum. Their life experience is always  
limited. If you can reach out and at least expand  
your vacuum and experience new people and  
new enviornments and get involved in life,alignment  
to who choose to experience your life with is of  
great importance. Sleep with dogs and you wake  
up with fleas. Your friends are what you have  
chosen or whom life circumstances has put in  
your path. Always consider your S.L.S. Suitable  
Life Situation and the experiential overlap.

Pierce a hole in that bubble and let some air in.

I like to make fun of the things I love

We had to make our opponents, the people who didn't agree with us, not to feel stupid but make our case and let them feel smart if they changed or alter theirs.

As our story begins with one of life's most unlikely people to ever be considered or deserving of recognition or even being accepted by anyone of significance that could move or influence his life with any meaning or substance but it happened. Sidney Hipple goes into another dimension (world) where almost everyone is severely disabled with little hope of anything changing.

You have to keep trying no matter what. Its like banging a rock,you may have to hit it 50 times before it breaks.

Change Maker

We are like the spider,we weave our life and then move along it.

My creative output stems from my interest in music. Learning to play guitar and keyboards and creating and developing my own unique style of making music. I never had the intention of becoming an instrumentalist .I just wanted to get my vocal out there and be a vocalist. I played guitar at first then later concentrated on keyboards or as they are known keyboard work station by Korg Keyboards.

You need to put people in a situation of self-determination

He's a complete amateur in American public life and rules of norms are mysteries to him. He violates all existing norms.

We need to address family dysfunction, lack of opportunity and economic desperation

The reality is that he is unbrieffable

Either he's lying or he has no sense of reality

Humility goes a long way  
He's undisciplined intellectually and emotionally. He's not sophisticated.  
He is a student of nothing but his own public image. He is driven by self absorbed goals

The problem is that he doesn't know policy

Its like smashing eggs with a sledgehammer

They have no governing philosophy that is interesting They have no value system except fear of others

Social Media brings out the beer muscles in everyone

Addicted to likes

We spend our time in a social media world that doesn't represent us. Its not the same as people getting together in person and engaging with each other.

They call him Mister Cheater Mussolini  
Coward In Cheat

Find the value of your life

Things become obsolete because other things come along that grow and improve beyond the original thing.

Help the people who live in the shadow of society

Why is it that the behavior on social media has started to leak over into real life?

The structure of social media contributes to this.  
People go to social media for attention.  
One structure of social media is capturing  
emotions that don't really have a lot to  
do with reality.

I'm an information receptacle

What does China and India have in common?  
Biggest Smokers

My Improbable life by Lenny Hall  
The Last Of The Self Made Men by Lenny Hall

Do you drown your sorrows and surrender?  
It's your only life to live

Never mistake wishful thinking for useful thought

They don't know who they are or where they  
are going. They have no idea of what they are  
doing in life. They're on a train to nowhere and  
they are getting their tickets as fast as they can.

Catch the right tone

All the years of study and practice and  
experience finally caught up to me

Have epiphany for the people who  
struggle through in life

The inability to see others as worthy  
as themselves

Its about consciousness and person hood

Start noticing other people

Don't avoid meaningful relationships

In Search of Interesting People

Perception is Reality

People should be defined by who



they are not by who they were

Our Stories get to transmit  
experiences, information  
and emotion

He's like a teabag. You don't know what  
you have until they are in hot water

The Astral Plane is where  
the soul leaves the body

Its based on the source code  
that shapes reality

Genius happens in a moment

My reading choices have very much  
influenced my code of behavior

See the moment Find the moment